

*Learning to Sail
is Just the Beginning!*



Course Offerings

at the

Palm Beach Sailing Club



4600 N. Flagler Drive
West Palm Beach, FL 33407
(561) 881-0809
www.pbsail.org

ASA 101 BASIC KEELBOAT SAILING

Prerequisites: None

Description: Sailors will learn to skipper & crew a sloop-rigged sailboat of approximately 20 - 27 feet in length by day in light to moderate winds and sea conditions. Knowledge of basic sailing terminology, parts and functions, helm commands, basic sail trim, points of sail, buoyage, seamanship and safety including navigation rules to avoid collisions and hazards will be taught.

Length: 3 days (9 am to 5 pm)

Scheduling: 3 Saturdays, or 3 Sundays,
or 3 day weekend (Holidays)
Private scheduling also available.

Fee Includes: ASA's *"SAILING MADE EASY"* classroom instruction, boat usage fee with instructor, on-the-water training & testing, written test and 1 year ASA membership.

Course Size: maximum 4 sailors
Private: minimum 2 sailors

Fee: Course: \$ 595 / sailor

ASA 103 BASIC COASTAL CRUISING

Prerequisites: ASA 101 Certification & Member

Description: Sailors will learn to skipper & crew a sloop-rigged auxiliary powered (inboard or outboard engine) keelboat of approximately 25 to 35 feet in length by day in moderate winds (up to 20 knots) and sea conditions. Knowledge of cruising sailboat terminology, basic boat systems, auxiliary engine operation, docking procedures, intermediate sail trim, navigation rules, basic coastal navigation, anchoring, weather interpretation, safety and seamanship will be taught.

Length: 3 days (9 am to 5 pm)

Scheduling: 3 Saturdays, or 3 Sundays,
or 3 day weekend

Private scheduling also available.

Fee Includes: ASA's "*COASTAL CRUISING MADE EASY*", classroom instruction, boat usage fee with instructor, on-the-water training & testing, written test.

Course Size: maximum 4 sailors

Private: minimum 2 sailors

Fee: Course: \$ 545 / sailor

ASA 101 CHALLENGE

Prerequisites: None

Description: A 1 day challenge (9 am to 5 pm)
Fee includes written test, on-the-water skills testing, and boat usage fee with tester, ASA Log Book and 1 year ASA membership

Scheduling: Private

Fee: \$ 275 / sailor (minimum 2 sailors)

ASA 103 CHALLENGE

Prerequisites: ASA 101 Certification & Member

Description: A 1 day challenge (9 am to 5 pm)
Fee includes written test, on-the-water skills testing, and boat usage fee with tester.

Scheduling: Private

Fee: \$ 225 / sailor (minimum 2 sailors)

3 HOUR SAIL

Fee: \$ 300 / first 2 sailors; \$ 50 each additional
(maximum 6 sailors)



Sail Training Director

Capt. Don Lasky

ASA Certified

101 & 103

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561-351-5784

Don learned to sail at his family's summer home on a small lake in the Adirondack Mountains of upstate New York. After graduating from high school, he attended SUNY Maritime College and studied naval architecture. While in college he was captain of the sailing team, which on several occasions was ranked #1 nationally. He crewed for four collegiate all-Americans and competed successfully with his college coach in national and international sailing events. Don has experience sailing over 120 models of sailboats from 8' to 53'. In 2009 & 2012, he was tactician/navigator aboard the award winning *Dragon Fly Plus*, a Swan 53, at the famous Antigua Race Week. Don is a certified ASA Basic Coastal Cruising Instructor.