

## PBSC SAILING GEAR LIST

GEAR	DISCRIPTION	HARBOR SAILORS	GREEN FLEET	RWB FLEET
Lifejacket	Ensure it is the correct size and comfortable. We recommend one that is designed for sailing and Coast Guard approved.	Mandatory	Mandatory	Mandatory
Sunscreen	45+ SPF	Mandatory	Mandatory	Mandatory
Sunglasses	Bright sun and harsh glare off the water can have long lasting effects on you eyes. Sunglasses are a vital piece of personal equipment. Polarized glasses help to see puffs on the water.	Mandatory	Mandatory	Mandatory
Hat	In warm weather a simple ball cap will do. In cold weather a wool/pile hat is a must.	Mandatory	Mandatory	Mandatory
Gloves	Gloves can improve grip and protect fingers from blisters.	Recommended	Mandatory	Mandatory
Foul Weather Gear	A 2-piece (spray top and pants) configuration is best in dinghies. It not only keeps you dry but acts as a windbreak.	Recommended	Mandatory	Mandatory
Hiking Pants	In winding conditions that demand your sailor to be out on the rail, these pants will give added support behind the thighs improving their hiking endurance.	Not-Required	Recommended	Mandatory
Boots	Boots keep your feet dry, provide better footing and protect against broken toes. They can be rubber or neoprene.	Recommended	Mandatory	Mandatory
Whistle	Optimist class requires one at all USODA sponsored events.	Mandatory	Mandatory	Mandatory
Watch	One with a count down timer works best.	Recommended	Mandatory	Mandatory
Notebook	All students are encouraged to keep a notebook to record lessons learned and keep regatta NORs, schedules, medical release form, etc.	Recommended	Mandatory	Mandatory